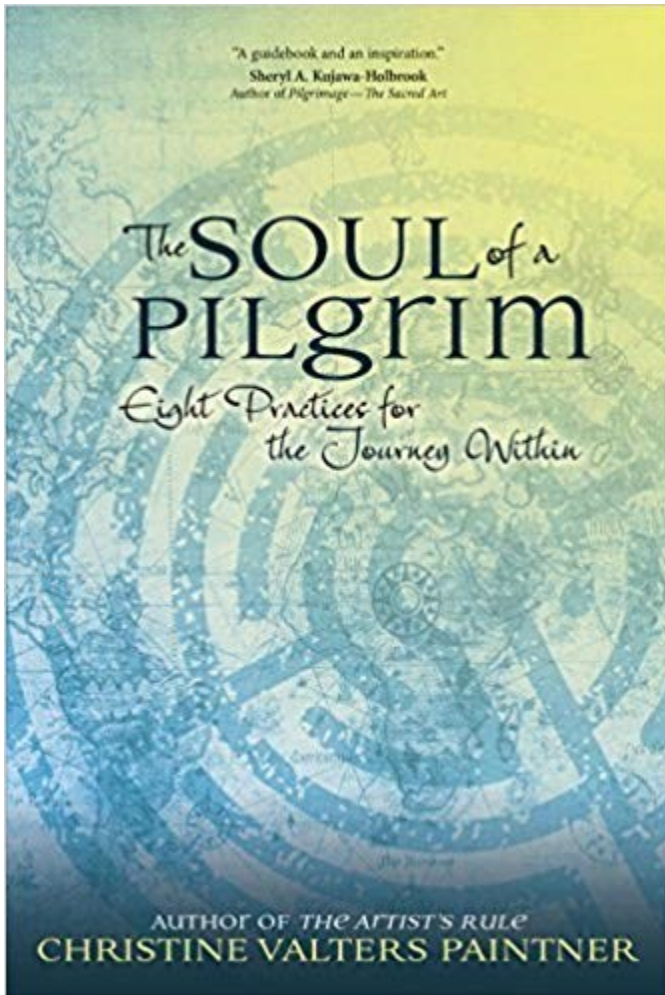


Book & On-line Retreat

Soul of a Pilgrim

ACCOMPANIED BY A STILLPOINT GATHERING



Join Stillpoint and Abbey of the Arts for an on-line, eight-week retreat based on Christine Valters Paintner's book **The Soul of a Pilgrim: Eight Practices for the Journey Within**.

Experience a pilgrimage, an inner journey to discover the heart of God. Explore the eight stages of the pilgrim's way – hearing the call to coming home – accompanied by:

- Scripture stories of great biblical journeys
- Prayer practices such as Lectio Divina, Lectio Visio, and the ancient Jewish practice of Midrash
- Writing, and photography.

Each story and practice support an intentional, transformative journey to your inner "wild edges."

Explore pilgrim practices such packing lightly, being uncomfortable, and embracing the unknown as while cultivating attentiveness to the Divine through deep listening, patience, and opening oneself to the gifts that arise in the midst of discomfort.

Stillpoint will also offer participants a special opportunity to gather, discuss the book and retreat over Irish tea and scones (Christine is located in Ireland!), and pilgrimage in place with our portable labyrinth! The gathering will be at Stillpoint and scheduled to accommodate the most number of participants.

Register through Stillpoint to receive group discount.*

Visit abbeyofthearts.com to learn more about the retreat.

\$20 Book (available at Stillpoint)

\$75 Retreat Registration*

Register at Stillpoint. Registration is \$150 on line

Call Stillpoint at 702.243.4040

Retreat begins Monday, March 4, 2019

Enter retreat at any time thru April 28, 2019.

Stillpoint
CENTER FOR SPIRITUAL DEVELOPMENT