Ongoing Programs

Prayer for Peace & Social Justice

Dates: April 3 and May 1
Time: Noon - 1:00 pm
Cost: Freewill Donation

Lectio Divina Prayer Groups

Dates: Semi-monthly; Tues, Wed & Thurs Grps
Time: Mornings and Tuesday Evenings

Cost: Freewill Donation

Groups form at start of each semester; contact Stillpoint about introductory training and how to join a group.

Centering Prayer

Dates:Every TuesdayTime:Noon - 1:00 pmCost:Freewill Donation

Violin Sound Healings

Presenter: Rebecca Sabine
Dates: April 4 and May 2
Time: 7:00 - 8:00 pm

Cost: \$20, bring first-time friend for free

Singing Bowls

Presenter: Healing Hearts

Dates: April 18 and May 16

Time: 7:00 - 8:00 pm

Cost: \$20

Explorations in Living and Dying

Dates: April 24 and May 22
Time: 1:00 - 2:00 pm
Cost: Freewill Donation

Spiritual Direction

A ministry and an art, Spiritual Direction is an ancient practice central to life at Stillpoint. The purpose of Spiritual Direction is to recognize and respond to the presence and action of God in one's daily life. Refer to our website for more information about this ministry and our Spiritual Directors. Individual direction is available by appointment only; contact Stillpoint to inquire further.

Schedule Highlights

April 3—Prayer for Peace & Justice **April 4**—Violin Sound Healings

April 14—Sr. Joan Chittister

April 17—MSC: Introductory Meeting

April 18—Singing Bowls

April 19—Discussion Grp on Sr. Joan's Talk **April 21**—Celtic Celebration of Earth Day

April 24—Explorations in Living & Dying

April 24-June 12, Tuesdays—MSC classes April 28—Business of Flourishing, Part I

May 1—Prayer for Peace & Justice

May 1—Prayer for Peace & Justice

May 2—Violin Sound Healings

May 5—MBTI & Its Effect on the Spiritual Journey

May 9—LGBT Outreach and Saint Therese Center

May 14—Desert Day: Delight Yourself in the Lord

May 16—Singing Bowls

May 17—Readers' Community: Hidden Wholeness

May 22—Explorations in Living & Dying

May 18-20—Zen Speaker's Writing Retreat

What Is Stillpoint?

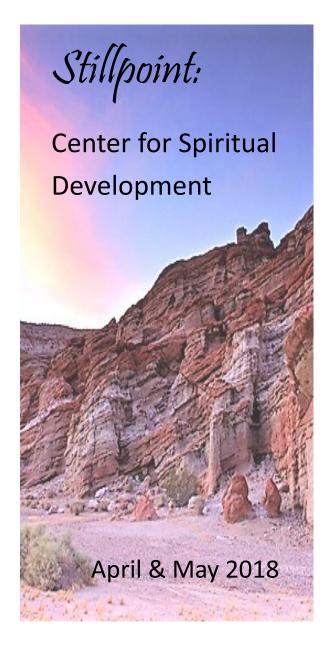
Stillpoint is a spiritual oasis in the secular desert of our modern world. It is a refuge—a still point—where seekers from any faith can put aside one's earthly cares and embrace the Sacred.

Our mission is to provide
a gathering place that is hospitable to and
nourishing of the spiritual life.

We are a non-profit organization dedicated to the spiritual journey of everyone who wishes to grow toward wholeness and experience the Divine in their life.



8072 W. Sahara Ave., Suite D. Las Vegas, NV 89117 (702) 243-4040 www.stillpointcsd.org stillpoint@stillpointcsd.org





Stillpoint Is Especially Pleased to Present Sister Joan Chittister

After many months of planning, we are excited that April is finally here as we welcome Sr. Joan Chittister to Las Vegas. A Benedictine Sister of Erie, PA, Sr. Joan Chittister is an international lecturer and award-winning author.

Individual tickets and group sponsorships, as well as several selections of her books, are available now at Stillpoint while supplies last. Tickets are also available online www.stillpointcsd.org.

Date/Time: April 14, 10:00 am—Noon Location: Bishop Gorman High School

Cost: General Ticket \$50

Group Sponsorship \$500

preferred seating & advertising in program

Stillpoint Readers' Community Invites You to a

Post-Event Discussion

Group Discussion on Sr. Joan Chittister's Talk

Join this lively discussion on the Thursday afternoon following Sr. Joan's visit. Come with comments, questions, inquiries and insights as we share and discuss our experience of Sr. Joan's recent engagement with Stillpoint.

Facilitator: Anja Koot, MRE Date: Thursday, April 19 Time: 1:30-3:00 pm Cost: Freewill Donation

To Register for Stillpoint Programs:

Call (702) 243-4040 or e-mail stillpoint@stillpointcsd.org

Stillpoint Workshops

Praying with the Sacred Earth: A Celtic Celebration of Earth Day

Explore how the Celts prayed with the earth, and how we may engage more of the Celtic view of creation. This experiential workshop will take place both indoors and outdoors, weather permitting.

Stillpoint is especially pleased to host this program in collaboration with the Invitation to Go Deeper group.

Presenter: The Rev. Canon Catherine Gregg

Dates: Saturday, April 21 Time: 9:00 am-Noon

Cost: \$15-30 Suggested Donation

Please Understand Me:

Personality Type Theory and Its Effect on the Spiritual Journey

Using the Myers Briggs Type Indicator (MBTI) personality theory, this workshop will focus on coming to understand your personality type and its effect on your relationships, daily spiritual practices and prayer.

Presenter: Michael Thompson, PhD

Saturday, May 5 Dates: 9:30 am-12:30 pm Time:

Cost: \$15-30 Suggested Donation

Spring Desert Day

Delight Yourself in the Lord

Consider the Rule of St. Benedict as a tool for contemporary pilgrims as we struggle to choose God in our everyday lives and to prefer nothing over the love of God. Come invite God to breathe life into your own personal Rule, which can benefit your desire to "Delight in the Lord", Psalm 37.4.

Presenter: Jane Fransioli Dates: Monday, May 14 9:30 am-1:00 pm Time:

Cost: \$15-30 Suggested Donation

Hosted Programs

The Business of Flourishing, Part I Positive Emotions and the Language of Your Success

First of a four-part series, offered by Dr. Andrea Goeglein, presenting four key attributes of life satisfaction and success: Positive Emotions; Relationships; Engagement; Meaning and Achievement. Part I focuses on how joy, gratitude and serenity can power success.

Date & Time: Saturday, April 28, 9:00 am—3:30 pm

More Info: **Contact Stillpoint**

Clark County Ministerial Association Meeting: LGBT Outreach and the Saint Therese Center Story

This CCMA monthly meeting, held at Stillpoint, is open to all. You're welcome to bring your own lunch and join us as we hear the Saint Therese Center Story and learn about how to do outreach in the LGBT community.

Presenter: Fr. Joseph O'Brien, OP Dates: Wednesday, May 9 Time: Noon -1:00 pm

Cost: **Donations for Saint Therese HIV Outreach**

The Zen Speaker's Weekend Writing Retreat

A productive writing weekend with Amy Ayoub. Valuable for anyone who needs assistance getting ideas out of their heads onto paper in a compelling format designed to wow your audience. This experiential workshop includes creativity exercises, mind-mapping, writing exercises and an author and coach as guest speakers.

Dates: Friday-Sunday, May 18-20 More Info: www.TheZenSpeaker.com

Mindful Self Compassion (MSC)

This pioneering 8-week program developed by Kristen Neff and Christopher Gerner is being offered for the first time at Stillpoint with Dr. Leanne Earnest. MSC combines the skills of mindfulness and self-compassion, providing a powerful tool for emotional resilience.

Required Introductory Meeting:

Dates:

April 17, 6:00 pm at Stillpoint

OR

April 21, 11:00 am at Sahara West Library Tuesdays, April 24-June 12, 6:00—8:30 pm

More Info: www.stresslesslasvegas.com